

# Learning to learn



# The Characteristics of Effective Learning

In the Foundation Stage, children are developing their skills as a learner, which they will take with them throughout their education, and indeed their life. These skills for learning are therefore the most important skills for them to develop.



# 1. Playing and Exploring

To be a good learner, children need to be curious about the world around them, to be willing to explore and find out about new objects and people, and relate this to what they already know. They need to be willing to try new things, to seek new challenges, and not to be scared of making mistakes.



## 2. Active Learning

To develop skills and learn children need to stay focused on what they are trying to achieve; to concentrate. They need to remain focused and keep on trying without giving up when things become difficult.



### 3. Creating and thinking critically

Good learners have their **own** ideas, based on what they already know, have seen or can already do.

