

	Breakfast	Mid-morning snack	Lunchtime Dessert (savory part provide from home)	Mid-afternoon snack	Late afternoon snack
Monday	Milk or water Choice of cereals	Milk or water apples	Tinned pineapple and fromage frais Fresh water	Milk or water satsumas	Milk or water Crackers, cheese and cucumber
Tuesday	Milk or water Scotch pancakes	Milk or water melon	Blueberry muffin Fresh water	Milk or water bananas	Milk or water wrap, cheese and tomato
Wednesday	Milk or water Buttered toast and marmalade	Milk or water pears	Strawberries and meringue Fresh water	Milk or water grapes	Milk or water Warm buttered crumpets
Thursday	Milk or water Yoghurt and fresh fruit	Milk or water Breadsticks and cherry tomatoes	Toasted teacake Fresh water	Milk or water pineapple	Milk or water Pikelets and fruit
Friday	Milk or water Warm porridge	Milk or water Orange segments	Yoghurt and shortbread Fresh water	Milk or water breadsticks	Milk or water Toast and jam Fruit and yoghurt